Wellness Nursing LLC has published a monograph for independent study about restorative nursing programs in nursing home residents with bladder and bowel disorders.

Monograph III is one of four highly practical independent study monographs combined as a new Bladder and Bowel Master Series for long term care nurses. The series is intended to present a structured bladder and bowel rehabilitation program to help nursing home residents progress from incontinence to continence and from constipation to regularity through guided nursing management.

Learning objectives for Monograph III, Restorative Nursing Programs, include:

1. Review behavioral interventions including components of dietary and fluid modification, toileting programs, bladder training and pelvic floor muscle training.
2. Define the techniques used to facilitate voiding and bladder emptying.
3. Detail the specifics of bladder toileting programs that can be implemented in nursing homes.
4. List the components of prompted voiding for nursing home residents with incontinence.
5. Identify those residents who can be most successful with retraining programs.
6. Classify drug therapy for overactive bladder and urgency incontinence and the role of topical estrogen in women with bladder symptoms.
7. Review the components of a bowel regimen for restoration of normal bowel function.

This continuing nursing education activity offers 1.25 contact hours for the participant and was approved by the Society of Urologic Nurses and Associates (SUNA), an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.
The Bladder and Bowel Master Series complies with current regulations included in the Resident Assessment Instrument: Minimum Data Set (MDS) Version 3.0, Care Area Assessments (formerly known as Resident Assessment Protocols or RAPs) and Care Area Triggers. The Master Series also incorporates requirements of the Quality Indicators and Quality Measures, and the Centers for Medicare and Medicaid's (CMS) guidance Tag F315.

The Bladder and Bowel Master Series was supported through an unrestricted educational grant made available by SCA Personal Care.

About Seek Wellness, LLC and Wellness Nursing, LLC:
Owned by a group of professional health care providers and consumers, Seek Wellness, LLC and Wellness Nursing, LLC encourage, empower, and support health care consumers to improve their level of wellness by providing current, high-quality information, services, and products to them and to their health care providers.

Visit:
SeekWellness.com
ContinenceNurse.net
SEPHIAsChoice.com
WellnessWeb.com
WellnessPartnersLLC.com

Contact:
Lenore Howe
Wellness Nursing, LLC
237 Old Tilton Road
Canterbury, NH 03224
603-783-5677
lhowe@seekwellness.com
http://www.seekwellness.com

Media Information
Lenore Howe
lhowe@seekwellness.com
http://www.seekwellness.com
237 Old Tilton Road
Canterbury
NH
03224
United States