

[New Book Bright and Beautiful Teaches How to Make Cosmetics the Natural Way](#)

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### Bright and Beautiful - Making Your Own Natural Cosmetics

*Newly released book Bright and Beautiful - Making Your Own Natural Cosmetics aims to teach the world how to make wonderful products with all-natural ingredients*

*Online PR News* â€“ 01-March-2019â€“ Inspired by the growing impact the cosmetics industry has on health, animals and the environment, a small UK team has released a new book titled Bright and Beautiful - Making Your Own Natural Cosmetics. They aim to combat the amount of animal testing and harmful hidden chemicals that go into the cosmetics industry, as well as the amount of plastic and air pollution it creates. By releasing a book of simple recipes using essential oils, they hope to inspire readers to start producing their

own cosmetics, gifts and home products.

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"This is a really big achievement for us," commented author, David Brennan. "We're hoping people see this book and realise the power they have to reduce their impact on the planet. By taking this step towards natural living, people can cut out harmful ingredients, animal testing and unnecessary packaging, all while enjoying beautiful products tailored to them."

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Created over the course of 2 years by a dedicated group of writers, designers and contributors, Bright and Beautiful is a real labour of love. Each recipe has been carefully crafted to allow for customisation and is accompanied by finished product photos. Offering creative DIYs across four sections - Face, Body, Bath & Shower and Home - as well as a guide to aromatherapy and essential oils, the book is designed to be an indispensable tool for anyone thinking of making their own cosmetics.

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The back of the book also contains an essential oils guide that allows for each of the recipes to be personalised with properties and natural scents. With an explanation of the scent, aromatherapy benefits and perfume note of each oil, it aims to empower people with the knowledge they need to fill their home with beautiful, natural handmade products.

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Bright and Beautiful - Making Your Own Natural Cosmetics is available from Tender Essence essential oils UK. It is "The ultimate guide to creating natural, animal-friendly cosmetics, gifts and home fragrances."

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# BRIGHT AND BEAUTIFUL

MAKING YOUR OWN NATURAL COSMETICS



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