

Healthy-ojas.com is a Comprehensive Free Online Resource on Diabetes and its Treatments

Healthy-ojas.com is a comprehensive free online resource on diabetes; symptoms, types, risk factors, causes, test, home remedies, pregnancy care and treatments by both modern & alternative medicine.

Online PR News â€“ 25-August-2011 â€“ Diabetes is one of the most common health conditions that have been affecting millions of people all over the world, now diabetes is considered as an epidemic and a major health as well as financial threat. So it is extremely important and also emphasized by health care experts to make the people aware of Diabetes and its implications; so that people can able to manage their diabetes Effective Diabetes Management and/or prevent the occurrence of diabetes Stop Diabetes.

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Healthy-ojas is created with this noble intention to educate & feed diabetes information to the people to help them fight manage diabetes better and to stop its occurrence. Also educate people about the implications of badly managed diabetes. Some of the diabetes complications are nerve damage, limb amputation, kidney failure, eye blindness, depression, heart attack, teeth & gum problems, skin problems, etc. Smart and effective diabetes management can help to prevent its complications.

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The website was packed with information about diabetes; its symptoms, causes, risk factors, test, types, home care (or remedies or lifestyle changes), prevention, pregnancy care, diabetes products and treatments by both modern and alternative medicines (such as herbal, homeopathic, yoga, acupressure and reflexology).

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Healthy-ojas is now having Diabetes Forum to discuss about diabetes and its implications. Free to register as an user and can participate in discussion with other users (experienced users, healthcare professions, as well as Doctors) to gain knowledge, share knowledge and can also make friendship. The site also packed with information on cholesterol, high blood pressure, low blood pressure, eye problems and sleep disorders. Most of the diabetics also have additional health conditions stated above, so it is more convenient to discuss all these conditions under one roof. It is helpful to manage all of these conditions more effectively.

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For more details, visit <http://healthy-ojas.com/diabetes/diabetes-details.html>

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