



[Willie Horton, Personal Help and Development Guru and Creator of Gurdy.net to Be Interviewed on the Up Close and Personal Radio Show](#)

*This Monday, January 18th at 7 PM Eastern Time, the founder of Gurdy.net, Willie Horton, will be interviewed live on the air by Bonnie D. Graham, the host of Up Close and Personal.*

*Online PR News* "19-January-2010" (January 19, 2010) This Monday, January 18th at 7 PM Eastern Time, the founder of Gurdy.net, Willie Horton, will be interviewed live on the air by Bonnie D. Graham, the host of Up Close and Personal. After the show airs via live Internet stream at 7 PM, the personal interview with Willie Horton, a personal development guru, will be available via On Demand episodes. The show is accessible at <http://www.blogtalkradio.com/bonniegraham>. Once the show is archived, listeners can download the interview for free and save the insightful interview on their personal computers too.

Gurdy.net is the official site of Willie Horton and his personal development training program. Mr. Horton has trained hundreds of individuals and CEOs in methods for making permanent life-altering, positive changes in their lives so that success can be achieved. Some of the companies that Mr. Horton has worked with via Gurdy.net include Beauchamps, Nestle, Aviva, the Bank of Ireland, and he has worked with many Fortune 500 companies as well including Pfizer, Deloitte, Merrill Lynch, KPMG, Wyeth, PwC, and Allergan helping their top employees to become super successful and effective. He now offers his personal development training services through his site Gurdy.net via a two day online seminar called The Ultimate Personal Development Plan; a plan consisting of 29 video seminars, and 30 mental exercises that can get you started on a permanent, life changing journey!

Willie Horton will be focusing on sharing his message on living the dream and getting the most out of life during his interview on Up Close and Personal. Mr. Horton, the founder of Gurdy.net, will explain, in depth, how even people that assume a life status of normalcy, don't know how to live their dreams and to manifest a fulfilling and rewarding life. Horton supports such beliefs with studies that illustrate that so-called normal individuals have inattentive minds that are buried in the past and that are completely incapable of experiencing the present moment or of taking advantage of life's spontaneous opportunities. He further argues that Psychology has proven again and again that normal people perceive only what they want to expect to perceive and that often times, such expectations are far too low!

Living in the Here and Now and learning to Act instead of spending time thinking has been the most important learning I have had in my living and working life. Willie Horton helped me to learn how to act and really live in the here and now and it has changed my life.

Donald Williamson, Sales Director, Britvic Ireland

Along with the above mentioned topics, Mr. Horton, will talk with Bonnie in detail about every person's ability to be successful and happy. Mr. Horton asserts that one's ability to find happiness and success are directly correlated to one's ability to pay attention, and that every individual must learn how to improve their attentiveness to the here and now, the immediate moment, in order to achieve success. Through Gurdy.net, people can begin to harness their awareness and the power of the immediate moment by learning how to live life to the fullest in the present.

Bonnie D. Graham is a radio show personality that gets up close and personal with today's gurus. Bonnie's shows are completely unrehearsed and do not fall into the traditional, standard question/answer format so listeners have the opportunity to listen into a show that is entirely spontaneous. Bonnie aims to bring readers closer to authors, and anyone interested in personal development and self improvement will now have the opportunity to get to know Willie Horton, an author, lecturer, and personal development trainer behind Gurdy.net.

More information about Up Close and Personal can be derived at: <http://www.bonnie.tv>. To find out more about the superlative personal development training program on Gurdy.net, visit the official website at: <http://www.gurdy.net>.

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