



## [Drug-Free South Spreads the Message "Make Health Your New High"](#)

*Drug-Free South is spreading its message on International Day Against Drug Abuse.*

Online PR News â€“ 26-June-2015â€“ The Tennessee Chapter of the Foundation for a Drug-Free World is called Drug-Free South. Members travel to schools to deliver lectures on the Truth About Drugs and pass out booklets to help kids understand the hazards, and tips to avoid peer pressure.

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Each year on the United Nations' International Day Against Drug Abuse and Illicit Trafficking, the group goes all out to spread the word. A common theme used by the UN is "May Health Your New High In Life, not Drugs."

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This annual day was created in 1987 by the United Nations General Assembly to encourage everyone to work together to tackle drug abuse and addiction. Drug-Free South is celebrating this year because of the enormous strides made across the state to educate young people on this topic. They have educated more than 18,000 people, been to more than thirty counties and have distributed over 60,000 booklets to those in need.

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"Our job is not over," says a volunteer for the program. "We still have far to go before the demand for drugs recedes. Our goal is an entirely drug-free state."

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The chapter plans to distribute thousands of booklets during a series of upcoming events around the city. For more information, visit [drugfreesouth.org](http://drugfreesouth.org).

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