

[Naan & Kabob to introduce traditional Afghani Dishes](#)

Naan and Kabob has rediscovered the Afghani treasure by introducing afghan delicacies in their menu.

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(Mississauga, Ontario). Naan and Kabob has rediscovered the Afghani treasure by introducing afghan delicacies in their menu. With using rich grade additives and contents, chefs do prepare dishes without compromising with the taste of Afghanistan. The type of food served in Afghani restaurants is quite unique. It has been well documented that the foods, tastes and spices of Afghan food are a rather tasteful blend of the regions that surround Afghanistan. Unlike food from its neighbours to the east, the spices used in Afghan dishes, are neither too hot nor pungent, and in contrast to its western neighbours, Afghan food is not bland. In fact may western travellers find the foods of Afghanistan a perfect blend of exoticness and good taste?

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Cooking and food has a very important role in Afghan culture. Unexpected guests might be seen as rude or an imposition in western culture, but not in Afghan culture. Guests are revered and even in families, people often just drop in with little or no notice and to not have food for them would be unheard of even in the most spur of the moment situations. Coming away from an Afghan table hungry is simply never happens, no matter how little preparation time the host has. The types off food served are also symbolic for example Qaabuli Pallow is the crown of Afghan cooking and served to special guests or on special occasions such as weddings. Even eggs are prepared in a special way so that a guest is well nourished when they wake up.

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Afghans also believe food is elemental in nature, and can produce hot or cold, or be neutral in the body. Food is well appreciated and even has special meaning as stepping on a piece of dropped bread is considered sinful. Afghans take great pride in their cooking and are very happy to see everyone full and satisfied. Afghan cooking is not about exact measurements, and many of the ingredients can be substituted to achieve a similar taste. The amounts of all of the spices can be adjusted to suit your individual tastes. No two Afghans prepare the same dish exactly the same. Creativity is another element that contributes to the wonderful medley of flavors that make up Afghan cooking. Prepare these recipes with love and Nosh-e- Jaan, or good eating.

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About Naan & Kabob:

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Naan & Kabob is a halal restaurant of Afghani food stationed in two places in Ontario i.e. Toronto and Mississauga. Empanelled with seasoned chefs and cooks, restaurant offers a delicious variety of tender Kabobs from the heart of Afghanistan. Healthy, wholesome and fresh food is served be it lunch or dinner.

Restaurant staff is always ready for the gracious welcome of customers with an outstanding hospitality. The speciality of restaurant is Kabobs and Naan along with other mouth-watering afghan dishes in the list.

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